

# 4th Annual Statewide Conference

## 5 Intensive Workshops

The Intensive Workshops available this September are designed to give participants, both professional social workers and students, skill-building tools that will transfer into the workplace and classroom. Select one 3-hour or the one 4-hour Intensive Workshop to attend from the schedule below. Earn 3 to 4 CEUs for each of these Intensive Workshops. (As an alternative to the Intensives, you may choose to enroll in the Breakout Session 1½ hour workshops in Track I and Track II. See page 8 for descriptions.)

### 3-Hour Intensive Workshops

Monday, September 13, 2004 • 1:00 p.m.—4:00 p.m.

COTILLION

#### Crisis Intervention for Trauma Stress

This workshop will focus on the use of crisis intervention for traumatic events that involve death or the threat of death. The terrorist attacks of September 11, 2001 have led to a renewed recognition of the pervasive consequences of traumatic stress. Although terror is a dramatic example of traumatic stress, numerous other instances of traumatic stress take place on a regular basis including sexual and physical assaults, natural disasters (hurricanes, earthquakes and tornadoes), transportation accidents (plane and train crashes, auto accidents), war and combat, fires and sudden death (homicide, suicide and sudden accident) of a loved one.

Frequently, individuals exposed to traumatic stress experience a crisis in the immediate aftermath of the event—a time-limited period of emotional disequilibrium. The crisis is best addressed by crisis intervention which is intensive, but brief. Therapy is initiated as soon as possible after the event. Effective crisis intervention may in some cases mitigate the development of more serious, chronic reactions to traumatic stress such as depression, posttraumatic stress disorder and other anxiety disorders and substance abuse. The reactions of families and children to traumatic stress will also be highlighted.

Carlean Gilbert, PhD  
Alberto Godinez, BSW, MBA  
Adrian Delgado, LCSW, CEAP, CADC

ILLINOIS

#### Interculturalism

This intensive workshop will focus on Race Relations from both the historical and contemporary perspectives. The presentation is both educationally and experientially formatted. The presenter has personal experiences in the civil rights movement and utilizes those experiences to assist in the learning process.

Barrion J. Staples, PhD  
Associate Professor, Western Illinois University/School of Social Work

CHEMINEE

#### Interactive Media and Messaging Workshop

Message Development—learn how to translate complex ideas into clear and concise language that anyone can understand and that communicates what you need people to understand. You will learn by using current social work issues found in newspapers and also by taking a real issue and creating a new message. Attendees will be asked to participate.

Communicating your message—now that you know what your message is, how do you get it out there? This part of the workshop will focus on targeting your audience—finding your ultimate message receiver and the best way to reach them.

Your message needs to be in every part of your communication, not just media outreach.

Lahne Curry, Communications Associate  
National Association of Social Workers, Washington, DC

Jill Manuel, Deputy Director of Communications,  
Illinois Department of Children and Family Services

PEORIA

#### Team Leadership and Project Management

### 4-Hour Intensive Workshop

Monday, September 13, 2004 • 1:00 p.m.—5:00 p.m.

LINCOLN

#### Caseworkers and the Juvenile Court

This workshop will focus on the interaction between the Caseworker and the Juvenile Court personnel. The presentation will familiarize social workers who interact with the Juvenile Court with the issues the court considers and with the court's methodology in reaching decisions. Social Workers will learn how to interact with court personnel in ways that enable them to be an active and effective participant in the process.

The following will also be presented: a brief history of Juvenile Court; laws that govern the actions of Juvenile Court; roles and expectations of officers of the court (attorneys, hearing officers, judges); role and expectations of the social worker; proper courtroom conduct; principles of preparation for a hearing; principles of testifying; and responding to concerns expressed by various officers of the court.

The workshop will end with a role-play involving attendees and the presenters.

Jim Scherrer, PhD, ACSW, LCSW  
Honorable Judge Michael Brown, Cook County Juvenile Court  
Debra Dyer, Chief Deputy General Counsel, IDCFS  
Andrew J. Sosnowski, Chief Deputy General Counsel, IDCFS  
Robert J. Backis, MDiv, MSW, JD, Hearing Officer, Cook County Juvenile Court  
Robert F. Harris, Chief Deputy Public Guardian, Cook County Office of the Public Guardian  
Peter M. Parry, Attorney Supervisor, Cook County States Attorneys Office  
Kathleen A. Bankhead, Attorney Supervisor, Cook County States Attorneys Office  
Yolanda Jordan, LCSW, DCFS HELP Unit/Division of Clinical Services

# Breakout Session Schedule

As alternatives to the intensive sessions, we are offering shorter 1½ hour breakout sessions throughout the afternoon from 1:00 p.m.–2:30 p.m. and 3:00 p.m.–4:30 p.m. This option lets participants earn up to 3 CEUS if they attend two 1½ hour sessions.

## Breakout Session/Track I

Monday, September 13, 2004 • 1:00 p.m.–2:30 p.m.

INTERMEDIATE/ADVANCED

BLACKHAWK

### 1A Obsessive Compulsive Disorder and Tourette's Disorder

Obsessive Compulsive Disorder and Tourette's Disorder, both elements of the Obsessive Compulsive Spectrum, are characterized by uncontrollable behavior that often causes the afflicted to experience shame and isolation. Patients' abilities to function well in the family, at work and in school can be gravely affected. Moreover, mental health professionals routinely misdiagnose, misunderstand and mistreat these disorders, leaving patients in continued distress. This workshop seeks to improve Social Workers' abilities to address the needs of those who suffer from this mental illness, thereby also promoting the profession. Foci include the Obsessive Compulsive Spectrum, diagnosis, treatment, intervention with families and schools, as well as outcome measurement.

Daniel M. Potter, MS, LCSW, BCD

BEGINNING/INTERMEDIATE/ADVANCED

SANDBURG

### 1B In My Shoes: Promoting Violence Prevention through Disabled Peer Speakers

Since the late 1980's, a true epidemic of firearms-related interpersonal violence has developed in the United States. The impact on teenagers and young adults, disproportionately affecting young men from ethnic or racial minority groups, is staggering. As a result, young people have been killed or sustained permanent disabling injuries. Injuries from gun violence are estimated to outnumber deaths three to one. In Illinois, this estimate translates to about 3,900 firearm injuries per year. As a response to the increase of violence among Chicago youth, Schwab Rehabilitation Hospital social workers developed the In My Shoes (IMS) program. IMS employs young men and women with violently acquired disabilities to tell other youth about the dangers of gangs, guns and drugs. The workshop will discuss the program's development, intervention and outcomes.

Kristin Balfanz-Vertiz, MSW, LSW

Richard Meldrum, LCSW

Devoy Boyd, IMS Program Coordinator/Peer Speaker

Terrence Hunt, Peer Speaker

INTERMEDIATE/ADVANCED

SUITE #1

### 1C African American Father's Workshop: Changing Lives, Saving Families

This workshop explores a unique approach to engage African American fathers through group therapy to primarily enhance parent/child relationships. This workshop concept provides a safe, less stigmatizing means of giving a voice to an often unheard vulnerable population. Feedback about the impact of AAFW and its successes are reviewed.

Jataun J. Rollins, AM, LSW

BEGINNING/INTERMEDIATE/ADVANCED

PEORIA

### 1D Best Practices for Social Workers: Avoiding Malpractice Lawsuits (3 hours)

This session, developed especially for social workers, is sponsored by the NASW Insurance Trust in Washington, DC, and describes the most significant malpractice risks in social work today and numerous methods of mitigating and reducing one's risk of being sued for malpractice.

This presentation is intended for social workers in all settings and positions, not just the clinical, therapeutic mental health setting. This session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, as well as informed consent. This seminar will discuss the major reasons that social workers are sued and what you can do about those risks. You will learn what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervisors and special tips for clinical and private practitioners. This workshop will brief participants about malpractice insurance, its special features and implications for practice.

Carole Mae Olson, ACSW, LICSW

## Breakout Sessions/Track II

Monday, September 13, 2004 • 3:00 p.m.–4:30 p.m.

ADVANCED

BRADLEY

### 2A "Managing Change in Uncertain Times: Strategic Planning as a Tool for Organizational Survival and Growth"

This workshop will highlight the major steps and the process of strategic/long range planning for human services organizations. Participants will learn how to determine the future of their organizations through careful assessment, realistic goal-setting, implementation practices and procedures for achievement and success of goals. Participants will also learn how to use strategic planning to manage change, growth and productivity in an uncertain social and economic environment.

Irma E. Patterson, AM, LCSW, ACSW, BCD

BEGINNING/INTERMEDIATE/ADVANCED

### 2B "The Social Worker's Professional Status: Function on Gender Issues?"

BEGINNING/INTERMEDIATE/ADVANCED

BLACKHAWK

### 2C Closing the Circle: Death on Your Own Terms

Death, which comes to all sooner or later, is treated as a strangely taboo subject in America. Not only do we not want to talk about it, we don't even want to think about it. But someone has to. This workshop will look at what hospice care is and is not. It will cover the goals of hospice care, its focus, the myths surrounding hospice care and typical family dynamics faced by hospice workers. The presentation will also look at anticipatory grief, the philosophical implications of "a good death," as well as social workers' own "experiences" when working with dying patients and their families. Lastly, the workshop will consider how one can go through the end of life process on their own terms.

Maudette T. Carr, LSW

## 2D “Support Squad”— A Support Group Recruitment Production

Between confidentiality and secretive family issues, we found it harder and harder to recruit for support groups dealing with concerns such as having a family member with a mental illness or chemical addiction. Through a collaboration between seven students and two staff, “Support Squad” was created. “Support Squad” is a twelve-minute play divided into three parts. Participants will learn how to help students identify concerns for which they may need more support during the school year, create their own “Support Squad” play tailored to the needs of their school and brainstorm on how to recruit students to join ongoing support groups.

Ellen R. Zemel, LCSW CAS

Barbara A. Weigand, MA, CSAP, CADC

Students—New Trier Township High School, District 203

## Breakout Sessions/Track III

Monday, September 13, 2004 • 4:45 p.m.–6:15 p.m.

### 3A Social Work with Family Caregivers

Based on data from the National Family Alliance for Caregiving Survey conducted in 1996, nearly one in every four households contains at least one caregiver. It is highly probable that social workers, regardless of their practice area, will be presented with issues involving family caregiving. This workshop will review the current research on family caregiving and identify the unique needs of specific groups including spouses, parents, grandparents and adult children. This presentation will examine the effect of relational factors between caregiver and care recipient; show workers how to help their clients identify themselves as caregivers; attention to groups who currently fall outside the qualifications for federal programs; identify in what areas family caregivers most often need assistance; and help workers match appropriate referrals to family caregiver needs.

Paula McFeely Wiener, MSW, LCSW

### 3B Faith in Social Work

Respecting human diversity, including spiritual beliefs and faith traditions, is a core value of the social work profession. This session will focus on spiritual sensitivity, a holistic perspective and, when appropriate, the ethical use of spiritually oriented interventions on the helping process.

Don Phelps, PhD, LCSW

### 3C Substance Abuse Counseling with Native American Spirituality

This workshop is designed to educate professionals who counsel substance abusers by using the non-traditional approach of Native American spirituality. This is done through an exploration of the medicine wheel, the use of the Chanupa, the Inepi and the use of the twelve steps of Alcoholics Anonymous. During this presentation, a short documentary will be shown. The documentary contains interviews with professionals in the Native American community that have experience with substance abuse counseling in Native American ways as well as Native American people who are in traditional recovery and a non-traditional recovery program.

Jen Horner, BSW student, Western Illinois University

## 3D A Psychosocial Model for Working with Aging Holocaust Survivors

The physical and mental consequences of the Holocaust combined with difficult present events and the problems of later life can have devastating effects on survivors who continue to cope with the impact of the Holocaust. These circumstances may be associated with the resurfacing of past traumatic loss. This workshop will describe a comprehensive psychosocial model utilizing an array of services, programs and strategies when working with aging Holocaust survivors. By providing client-directed services combined with appropriate clinical skills and creative and innovative programming, social workers can enhance the lives of these aging survivors.

Audrey Cantor, LCSW

## 3E Making Reflective Practice Decisions: Staying True to Our Values

Social workers in community based programs face daily challenges to our professional identity and values from the external pressures of shrinking resources, managed care and fewer peer and supervisory supports. This workshop will describe the theoretical foundations of intrapsychic humanism and, through case examples, will integrate theory and practice with problems such as burnout, secondary trauma, evaluating the risk of suicide and violence; treatment planning for crisis intervention with children and adults, brief treatment and short term treatment planning with minimal resources. It will also cover decision making in the context of managed care, cross cultural relationships, and relationships with colleagues of different theoretical orientations. Participants will be invited to share their practice challenges and will gain new resources for effective practice and for measuring their ideals and practice outcomes.

Mary Ellen Taylor, MSW, LCSW

## 3F Opening Doors: What Social Workers Need to Know about Fair Housing

With housing issues affecting so many people today, social workers need to know the laws protecting people against housing discrimination. Whether it is discrimination at the time of application, refusal to grant a request for a reasonable accommodation or eviction because a senior can no longer “live independently,” people are routinely being denied housing for reasons that are against the law. Through lecture and discussion, participants will gain a better understanding of basic fair housing law and how it impacts the people they serve.

Michele Rodriguez Taylor, MSSW, LSW

## Breakout Sessions/Track IV

Tuesday, September 14, 2004 • 8:30 a.m.–10:00 a.m.

### 4A Relational Social Work: A Model for the Future

This workshop presents a new approach to practice with vulnerable populations and describes an innovative treatment model that offers a conceptual framework and specific techniques for social workers to use themselves and in their relationships with clients to more effectively improve client outcomes. In this age of reduced resources and restricted time frames, we argue that it is important for social workers to emphasize the relationship as the locus of change. The workshop will outline and elaborate the main features of our relational model: a re-conceptualization of transference and countertransference, the role

enactments in the clinical setting, the importance of use of self and the social worker's participation as a change agent. The use of this model will enhance clinical services, reduce failed treatments and therapeutic impasses and diminish the incidence of boundary violations.

Carol Ganzer, PhD, MSW, LCSW  
Eric Ornstein, LCSW, ACSW

BEGINNING/INTERMEDIATE/ADVANCED

ILLINOIS

#### 4B The Silent Victims: Children Exposed to Domestic Violence

Within the past thirty years, society has become aware of the magnitude of violence occurring within the family between adults. Though a serious social problem for female victims, it has become apparent that the silent forgotten victims are the children who witness this violence and have been traumatized from this exposure. This workshop will discuss and examine how children's development is impacted by witnessing parental domestic violence. The workshop draws theoretically from prominent developmental theorists such as Erikson and Mahler as well as from self-psychology and attachment theory. The workshop discusses normal developmental tasks and needs of children and then examines how normal development is disrupted from exposure to parental domestic violence. This presentation will also discuss assessment and treatment considerations for children who have been traumatized by witnessing their parents' violence and victimization. Finally the workshop will examine some difficult policy implications regarding the exposure of children to domestic violence.

Diane Zosky, PhD, ACSW

BEGINNING/INTERMEDIATE/ADVANCED

SANDBURG

#### 4C 2004 Elections and Legislative Outlook

The NASW-IL Chapter will again be involved in mobilizing social workers during the 2004 campaign cycle on the state and federal levels. The November 2004 election campaign will be discussed, as well as the planning of Chapter Legislative and Social Policy initiatives for the 2005 session of the Illinois Legislature. Three NASW professionals and the National PACE Field Organizer will share their experiences of this campaign year, as well as present ways for NASW members to become more involved in the electoral and legislative process.

Sandy Mills, EdD, ACSW, LCSW  
Gary Kenzer, ACSW  
Joel L. Rubin, MSW

INTERMEDIATE/ADVANCED

BRADLEY

#### 4D Women Who Are Arrested for Domestic Battery

Women who are arrested for domestic battery are probably self-defending in a domestic dispute. This is a phenomenon that is occurring all over the United States. The theme of this workshop is to see if women who are arrested for domestic battery are actually victims of domestic violence just as the women who are living in a domestic violence shelter and have never been arrested for domestic battery. With the help of a completed study of 50 women, half of whom were arrested for domestic battery and half who were living in a domestic violence shelter with no arrests, these women were measured using 169 variables. This workshop will show how to screen for domestic violence perpetrators; clarify what assessments are more accurate; demonstrate ways domestic violence affects women and children in the home and within society; and how leaders in the community of social work, domestic violence and the law can work together to change the definition of what constitutes a domestic violence perpetrator.

Therasa Zito, MSW

ADVANCED

PEORIA

#### 4E Staying Straight: The Experience of Ex-Offenders

This workshop will report findings of a qualitative study of ex-offenders. Intensive study of twelve subjects produced findings illustrating the unique internal and external challenges confronting this vulnerable population. The subjects produced a thematic life story, including recollections of growing up, getting into prison, being incarcerated, getting out of prison and the struggles to adapt to freedom. Practice implications are discussed to help clinicians understand the challenging set of circumstances that these individuals and their families face as they seek help with social, emotional and psychological problems. This workshop will also help clinicians understand and more effectively serve this population.

Thomas K. Kenemore, PhD, LCSW  
Ida Roldan, PhD, LCSW  
Nathan Dougal, MA, LCSW

BEGINNING/INTERMEDIATE/ADVANCED

BLACKHAWK

#### 4F Office Referrals in Planning & Evaluating Discipline Interventions in Schools

One of the difficulties service providers encounter in evaluating their practice is needing to collect mandated data with foreign tools at various points in treatment so that their practice can be graded. However, some practice environments offer naturally occurring opportunities and indigenous tools to evaluate the progress of treatment. Schools present one such environment. In finding objective ways to monitor and evaluate effective programs, one might consider the use of office referrals. They are accessible, objective and unobtrusive. Attendees will be invited to debate the utility of office referrals after considering data from a three-year study that centered on using this tool.

Edwin D. Johnson, MSW, LSW

BEGINNING/INTERMEDIATE/ADVANCED

SUITE #1

#### 4G The Impact of Homelessness on a Father's Social Role

Although homelessness has been recognized as a social problem since the early 1980's, the majority of research has focused on single adults. The snapshot of an individual who is homeless has steadily developed into a family portrait. Research is shifting to families who are homeless, but there is scant information on fathers who become homeless with their families. This workshop examines homelessness from the perspective of the father in the family and gives voice to these fathers' perception of their role through the stories that they tell.

Laura Oliveira, MSW

ADVANCED

LINCOLN

#### 4H Impact and Healing from Sexual Trauma

According to the Illinois Coalition Against Sexual Assault, by the age of eighteen one in three girls and one in six boys will be sexually abused. Social workers in many disciplines including child welfare, substance abuse, mental health, criminal justice, etc. work with clients who have experienced this trauma. In order to provide more client-centered, comprehensive services, it is essential that social workers are educated on the impact of sexual abuse and how it affects their work with clients. If the treatment provider does not recognize sexual trauma as a part of a client's history, the client's overall recovery will be inhibited.

Through this workshop, participants will gain an understanding of the significant impact of sexual trauma and the process of recovery. It will examine how an individual reacts from the moment the trauma occurs and then throughout her/his lifetime, the types of issues clients typically present and strategies to assist survivors through the healing process.

Peggy Oliver, MSW, LCSW  
Sarah J. Stuber, MSW, LCSW

## Breakout Sessions/Track V

Tuesday, September 14, 2004 • 10:15 a.m.—11:45 a.m.

BEGINNING/INTERMEDIATE/ADVANCED

SANDBURG

### 5A Working with Fathers: History, Myth & Engagement Strategies

The social work profession has been seen by the general population as doing great work improving the quality of life for women/mothers lives. Its success in this regard cannot be diminished—programs, groups and public relations programs for this group are abundant. However, it does not appear that the same efforts are extended to men/dads by our profession. This presentation describes the history of fatherhood from the Agricultural Age to the Information Age. It explores the impact history has had on fathers including current myths about fathers. Few practitioners, agencies or organizations have engaged in the process of self-examination of their relationship with men/dads as has been done with women/mothers. Fewer still have developed successful strategies for engaging men/dads. When men/fathers are engaged in the therapy setting, all family members benefit. The workshop concludes with strategies for practitioners and organizations so that they can better engage the men/dads who are or need to be part of the treatment process.

William S. Kaplan, LCSW

BEGINNING/INTERMEDIATE/ADVANCED

ILLINOIS

### 5B Effects of Trauma on Children and Adolescents

Social workers have traditionally provided leadership in the treatment of and services to traumatized children and adolescents. However, a growing body of research from the biological and neurological sciences is changing the way professionals look at trauma, define what constitutes a trauma and understand why people who have been traumatized react to people and the world around them in sometimes troubling ways. This workshop provides a perspective on what qualifies as trauma and how trauma “writes itself” into the lives of those traumatized. Consequences of trauma are discussed as are treatment considerations.

James A. Marley, ACSW, LCSW PhD

ADVANCED

LINCOLN

### 5C Issues of Aging: Ethical Considerations in Working with Intergenerational Families

As families face the declining health of older adult members, ethical challenges confront the relationships between both family members and social workers. Family members must make decisions about the care for older persons. Such decisions are quite challenging for all involved and affect both the quality and quantity of life for older members. This workshop will identify the issues and reactions faced by aging individuals in declining health and their families; provide a framework for understanding and intervening with older adults in declining health and their families; identify common ethical dilemmas and a theoretical perspective for resolving them; and explore the social worker’s role, including personal reactions, to working with this population.

Jack C. Wall, DSW  
Marcia Spira, PhD

BEGINNING/INTERMEDIATE/ADVANCED

CHEMINEE

### 5D Student vs. Faculty Expectations of Field: Can We Get Real?

The field work placement is often the capstone experience in a social work student’s education. It is usually accompanied by formal expectations set out in the university’s program plan and in the field manual. These include “war stories” from other students, seeing field students in placement while students are doing a volunteer experience, ideas expressed by other faculty and in textbooks, and perhaps experiences that the student had as a client of a social worker. Faculty, too, have other sources of expectations. These include the experience of previous students, anecdotes heard from other field faculty and the faculty member’s own experience as a field student. This presentation will discuss the acknowledged and often not acknowledged expectations of students and faculty about field work. It will look at the sources of expectations, the literature about the topic and the consequences of unacknowledged expectations. Ways to help both students and faculty acquire realistic expectations will be proposed.

Nancy A. Amos, LCSW, PhD Candidate  
Sarah L. McDowell, BSW  
Angela M. Miller, BSW

BEGINNING/INTERMEDIATE/ADVANCED

BRADLEY

### 5E Assessing Needs at the Intersection of Disability, Poverty and Ethnicity

INTERMEDIATE/ADVANCED

PEORIA

### 5F Pathological Internet Use: Disorder, Addiction or Techies Behaving Badly?

For approximately the past fifteen years, social workers and other mental health clinicians have evaluated an increasing number of clients with concerns about their internet use. Presentations often include complaints about the internet wrecking havoc on their psychological, emotional and social functioning by facilitating access to gambling, gaming, stock trading and interpersonal relationships, as well as sexual material and services. Yet, no one has put forth a widely accepted diagnostic or treatment model of Pathological Internet Use (PIU), thus leaving clients and their families in continued distress.

This workshop seeks to fill the gap by teaching participants to apply a well-grounded theoretical, diagnostic and treatment model of PIU to clinical practice. Objectives include: understanding the Obsessive Compulsive Spectrum and applying the concept; capability of diagnosing PIU; determining the causes of, and triggers for, PIU; learning to implement the most appropriate therapies; and learning how to promote social competence in PIU clients in order to improve familial, peer, vocational and academic functioning.

Daniel M. Potter, MS, LCSW, BCD

## 5G Medicare Prescription Drug Plan/2003

The Medicare Program has continued to receive criticism because it hasn't covered prescription drugs. In 2003, The Medicare Prescription Drug, Improvement, and Modernization Act was passed. The Medicare Prescription plan contains two benefits for older adults and people with disabilities: the discount drug card and the prescription drug coverage under Medicare Part C or Part D. Currently, states including Illinois are enrolling participants for the discount drug card (which began June 1, 2004) while the prescription drug coverage begins January 1, 2006. Learn more about coverage details and implementation during this breakout session.

Courtney Snyder, Public Policy Director, Health & Disability Advocates

## 5H Playing with Fire...Creative Anger Management

This presentation chronicles the planning and implementation of an anger management program for 20 school age children at the Kankakee Community Resource Center's After School Program. The anger management theme was developed by 15 junior level social work students in an undergraduate social work program at Olivet Nazarene University. Along with the presentation and a discussion of the students' efforts, a video of this creative anger management workshop will be shown. The video will show clearly how anger smolders, then flames. It will further show how anger can be extinguished and managed in the future.

Michael LaReau, ACSW, LCSW

Social Work Practice with Groups Class/Olivet Nazarene University

## 5J Therapist Disclosure to Gay Men & Lesbians

Historically, there has been a prevailing notion that therapists should not "self-disclose"—either by answering a client's questions or revealing too much about oneself—because this could negatively affect the treatment relationship and in turn the treatment itself. Therapists were to be neutral and anonymous in order for the client to develop transferences with the analyst. This notion has changed and therapists are challenging this older view and are now stating that self-disclosure can be helpful and even beneficial for the treatment relationship and in turn the treatment itself. It appears that with populations who have been oppressed and discriminated, therapist self-disclosure can actually be reparative. This seems to be the case for some gay men and lesbians who seek a therapist that can be a role model or one that is nurturing.

Henry W. Kronner, LCSW

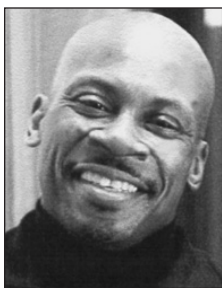
Marie Opatrny, PhD

## Award Luncheon

Tuesday, September 14, 2004 • 12:00 p.m.—2:00 p.m.

### Sarnat Presentation/Remarks:

#### Gary Bailey, NASW President



Gary Bailey, a native of Cleveland, Ohio, is president of the National Association of Social Workers, Inc. (NASW). He received his bachelor of arts from the Eliot Pearson School of Child Study at Tufts University in 1977 and his master of social work from the Boston University School of Social Work in 1979. Currently, he holds the position of assistant professor at Simmons College Graduate School of Social Work in Boston.

Mr. Bailey is a past president for the AIDS Action Committee board of directors. He served on the board of directors for the Wang Center for the

Performing Arts; and was executive director of Parents' and Children's Services in Boston from 1993-1999. In 1998, he received the NASW Social Worker of the Year award at the national and chapter levels. A dynamic and engaging speaker, Mr. Bailey presents lectures locally, nationally, and internationally on the topics of diversity, social justice, Workforce 2000 and other social and business issues.

## Breakout Sessions/Track VI

Tuesday, September 14, 2004 • 2:30 p.m.—4:00 p.m.

### 6A Forensic Social Work: Interactions between Mental Health and the Legal System

According to the National Organization of Forensic Social Work, forensic social work is the application of social work to questions and issues relating to law and the legal system. It includes such activities as providing expert testimony in courts of law, investigating cases of possible criminal conduct and assisting the legal system in such issues as child custody disputes, divorce, non-support, delinquency, spouse or child abuse, mental hospital commitment and relative's responsibilities. It is a field that requires considerable knowledge of both social work and the law.

This workshop will focus on the specialty of forensic social work within the realm of mental health and the legal system including the following: an overview of the various roles of the specialty; a discussion of the mental health system and how it interfaces with the legal system; a discussion of the problems and needs of the mentally ill offender; review of the many ways the seriously mentally ill are referred to both the mental health and legal systems; the possible reasons for the "criminalization of the mentally ill;" the various possible outcomes of a trial; various important mental health laws including those related to fitness for trial and the insanity defense; discussion of the various roles of court personnel and the adversarial nature of the court process; review of the social worker's role in court and an individual's legal rights, confidentiality laws, legal terminology and legal strategies.

Jeff Pharis, RN, CADC, LCSW, ACSW

Kevin Jessie, LCSW

David Bishop, LCSW

### 6B Undergraduate Students' Perceptions of the Social Work Profession

Upon beginning an introductory social work course, what do most undergraduate students think social workers engage in during their professional activities? In their minds, how does the field of social work differ from other helping professions, such as psychology, nursing and counseling? At the University of Illinois/Urban-Champaign, the School of Social Work offers an undergraduate course titled "Contemporary Social Work" which attracts students from a variety of majors. These students may know very little about the profession. For some, this exposure will be the deciding factor for them on a career in social work. This workshop presents a study on attitude changes of undergraduate students towards the social work profession. The presenters will report on the statistically significant differences in students' attitudes from the beginning of the semester to the end of the semester, as well as on their qualitative responses to what they have learned about the role and value of the profession of social work throughout the semester they were enrolled in this course.

Woochan Shim, MSW, Doctoral Candidate

Cray Mulder, MSW, Doctoral Candidate

### 6C Getting Physical with Your Clients While Not Abandoning Your Ethics

Talking used to be the primary if not exclusive medium of clinical social work. However, as theory evolves, new techniques have emerged that are more and more physical in nature. Body work, energy work, movement therapy, yoga and therapeutic touch—all of these approaches can be part of the therapeutic relationship. This workshop will explore some of the reasons behind this trend and the ethical considerations that must accompany these changes.

Bob Feldman, LCSW, BCD

### 6D Reuniting Mothers and Children after Incarceration: Current Research and Evidence-based Practice Implication

The effect of maternal incarceration on families is far-reaching and the implications it has for social workers serving this emerging population are numerous. This workshop focuses on the current research regarding this vulnerable population and the types of interventions that have been successful in working with these mothers and their children.

Malitta Engstrom, PhD, LCSW  
Jennifer L. Keeling, MA

### 6E When Clients Won't Come Back: Working with the Hard to Reach

Therapists often report difficulties in providing services to clients from under-resourced communities. These clients are frequently described as resistant, difficult, hostile and uninterested in psychotherapy. This workshop explores a strength-based collaborative approach to facilitate client engagement, assessment, service planning and implementation, as well as practice evaluation strategies designed to help clients achieve their goals. This workshop specifically addresses the difficulties that therapists with a wide spectrum of professional experience have when working with clients who have a different racial/ ethnic, cultural and/or socioeconomic status.

Reginald C. Richardson, PhD, MSW, LCSW

### 6F Youth with Internalized Difficulties: Effect of Social Support and Activities

Youth who experience internalized difficulties (e.g., loneliness, depression, anxiety and low self-esteem) are at risk for a variety of adjustment problems including substance abuse, dropping out of school and suicide. Social workers strive to conduct research that sheds light on how we can provide the most effective services for the at-risk clients we serve. This workshop is an example of the empirical work performed by members of our profession.

Sylvia Margolin, PhD, LCSW

### 6G An International Exchange and Inter-Cultural Dialogue with Hamburg, Germany

This workshop is a power point and lecture presentation on the experiences of several members of the International Activities Network of the Illinois Chapter of the NASW to Hamburg, Germany. Representatives from the Chicago area and Birmingham, England met with social workers in Hamburg for a five day dialogue regarding youth services provided by the participants.

Rose S. Rogers-Harris, AM

### 6H The Clinician's Unique Use of Self in Treating Borderline Treatment

### 6J Managing Human Services Technology: Creating the Intelligent Organization

Social work is behind most professions in utilizing information technology as a primary means of creating and managing "intelligent" human service organizations. Belief systems, infrastructure costs, lack of technical knowledge and under-estimating social work's capacity to manage information, limit the full potential of human service organizations to master four critical functions: (1) Use information technology to provide quality client services, (2) Enable provider organizations to demonstrate accountability of practices and outcomes, (3) Maximize organizational productivity, and (4) Use information to create an intelligent organization which is capable of best understanding its consumer population.

This presentation will be conducted from power-point, combining change theory, information systems implementation planning processes and the case example of Ada S. McKinley Community Services, Inc. as it implemented information technology throughout its organization.

Mark E. Moses, LCSW, ACSW, CSWM  
Division Director, Ada S. McKinley Community Services, Inc.  
Vice President, National Network for Social Work Managers

**The conclusion of these workshops  
officially closes the 2004  
4th Annual Statewide Conference.**



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The Student Poster Presentations will be available for viewing by conference attendees on Monday, September 13 from 10:30 a.m. to 4:30 p.m. and Tuesday, September 14 from 9:00 a.m. to 11:30 a.m. located in the Exhibitor Marketplace. Student Poster presentations include:

## “Making a Positive Difference”—Project Ghana

In a macro practice course, students at Bradley University’s School of Social Work developed and coordinated a fundraiser that provides scholarships to social work students attending the Federal University of Ghana. This fundraising experience has increased the awareness of these students in the area of international affairs and allowed them to develop important skills necessary to the social work profession such as networking techniques, community and team organization skills, how to motivate individuals and making contacts with local businesses for donations.

Jessica Ivie, BSW Student, Bradley University  
Aqeela Jogee, BSW Student, Bradley University  
Julie Jones, BSW Student, Bradley University  
Colleen LeBeau, BSW Student, Bradley University  
Randy Schraier, BSW Student, Bradley University  
Mette Waldron, BSW Student, Bradley University

## Respite Care for Suspended Students: Does It Work?

Research has found out-of-school suspension to be ineffective in redirecting negative behavior, and in some cases, harmful to the student. There has been little research conducted to develop more effective alternatives. This poster presentation validates the findings of a day respite program that provides support to foster families whose foster children have received out-of-school suspensions. The goals of the program are to stabilize the children’s lives, focus on keeping the family intact and redirect the negative behavior.

DeLinda Dunlap, BSW Student, Bradley University

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